



East Fremantle Lacrosse Club Code of Conduct

The East Fremantle Lacrosse Club prides itself on all of its members conducting themselves in a professional manner both on and off the field of Lacrosse.

In order to ensure the high standard of the East Fremantle Lacrosse Club, all members, including coaches, players, officials, parents and spectators, are required to comply with the East Fremantle Lacrosse Club's Code of Conduct and Codes of Behaviour in regard to your actions during any activity held or sanctioned by the East Fremantle Lacrosse Club, Lacrosse WA, the Australian Lacrosse Association and all other affiliated clubs.

It is expected that you, as a member of the East Fremantle Lacrosse Club, will:

1. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.
2. Be fair, considerate and honest in all dealing with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adherence to the standards, rules, regulations and policies of the East Fremantle Lacrosse Club, Lacrosse WA and the Australian Lacrosse Association.
6. Operate within the rules of the sport including national and international guidelines which govern the East Fremantle Lacrosse Club.
7. Do not use your involvement with the East Fremantle Lacrosse Club to promote your own beliefs, behaviour's or practices where these are inconsistent with those of the East Fremantle Lacrosse Club.
8. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
9. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
10. Refrain from any form of harassment of others.
11. Refrain from any behaviour that may bring the East Fremantle Lacrosse Club into disrepute.
12. Provide a safe environment for the conduct of the sport of Lacrosse or any sanctioned event.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model.
15. Understand the repercussions if you breach, or are aware of any breaches of, this Code of Conduct.
16. Not consume any alcohol beyond the EFLC designated alcohol consumption licensed area and act at all times in accordance with instructions as directed by Bar Manager and or Committee members in relation to responsible alcohol service and consumption.

In addition to the above the following Codes of Behaviour must also be adhered to.



Coach Code of Behaviour

As a leader of a team and important representative of the club, coaches are expected to conduct themselves in a professional manner at all times

1. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
2. Do not tolerate acts of aggression.
3. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback.
4. Recognize players' rights to consult with other coaches and advisers.
5. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
6. Involve the players in decisions that affect them.
7. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
8. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players.
9. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
10. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
11. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
12. Avoid situations with your players that could be construed as compromising.
13. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
14. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
15. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
16. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
17. Be honest and ensure that qualifications are not misrepresented.

Officials Code of Behaviour

1. Place the safety and welfare of the players/participants above all else.
2. Accept responsibility for all actions taken.
3. Be impartial.
4. Avoid any situation which may lead to a conflict of interest.
5. Be courteous, respectful and open to discussion and interaction.
6. Value the individual in sport.

Player Code of Behaviour



1. Do not tolerate acts of aggression.
2. Respect the talent, potential and development of fellow players and competitors.
3. Care for and respect the equipment provided to you as part of your program.
4. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
5. At all times avoid intimate relationships with your coach.
6. Conduct yourself in a professional manner relating to language, temper and punctuality.
7. Maintain high personal behaviour standards at all times.
8. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
9. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
10. Cooperate with coaches and staff in development of programs to adequately prepare you for competition at the highest level.

Parents and Guardians Code of Behaviour

1. Remember that your child participates in sport for their own enjoyment, not yours.
2. Focus on your child's efforts and performance rather than winning or losing.
3. Never ridicule or yell at your child and other children for making a mistake or losing a competition.
4. Show appreciation for good performance and skilful plays by all players (including opposing players).
5. Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons under 18 years of age, as your words and actions are an example.
6. Respect officials' decisions and teach children to do likewise.
7. Do not physically or verbally abuse or harass anyone associated with the sport (player, coach, umpire and so on).
8. Be a positive role model.

Spectator Code of Behaviour

1. Respect the decisions of officials and teach young people to do the same.
2. Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
3. Condemn the use of violence in any form, whether it is by other spectators, coaches, officials or players.
4. Show respect for your team's opponents. Without them there would be no game.
5. Do not use violence, harassment or abuse in any form (that is, do not use foul language, sledge or harass players, coaches, officials or other spectators).